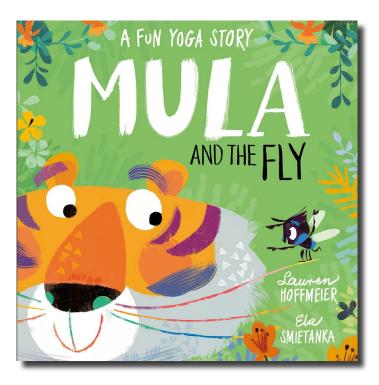
# Mula and the Fly: a fun yoga story!

Book one of the Mula and the Fly series by Lauren Hoffmeier





Give yoga a try with Mula and the Fly!

Mula is a very sleepy tiger.

But with the help of a cheeky little Fly, Mula learns to wake up, get moving, and make her dreams come true!

## **Key Selling Points**

- Promotes a happy, healthy lifestyle and encourages mindfulness
- Engaging stories that encourage children to relax and unwind
- Written by a children's yoga teacher
- A soft introduction to yoga for all abilities
- A beautifully illustrated picture book with fun characters

## **Key Information**

ISBN: 9781782268895

Age: 3-5 years

Price: £12.99 / \$16.99

Format: HB / Picture Book

Published: June 2021

### About the Author

Lauren Hoffmeier was raised in the heart of New York City with a performance background in opera and musical theatre. She is a certified vinyasa yoga instructor and graduate of Boston University. In this brilliant world of oddballs and misfits, she aims to inspire positivity by encouraging an international mindset of joy and uniqueness.







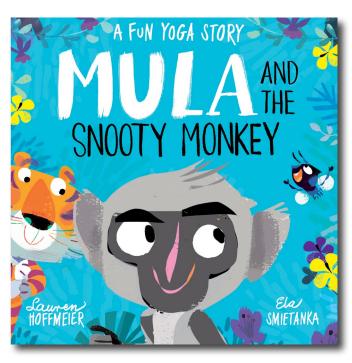




# Mula and the Snooty Monkey: a fun yoga story!

Book two of the Mula and the Fly series by Lauren Hoffmeier





\*cover artwork not final (for illustrative purposes only)

# Give yoga a try with Mula and the Fly!

Svadi is a very snooty monkey.

But when he hears the jungle beat, Svadi stops worrying about how he looks. He is ready to move his hips and sing the song inside his heart!

### **Key Selling Points**

- Promotes a happy, healthy lifestyle and encourages mindfulness
- Engaging stories that encourage children to relax and unwind
- Written by a children's yoga teacher
- A soft introduction to yoga for all abilities
- A beautifully illustrated picture book with fun characters

### **Key Information**

9781782267607 ISBN:

Age: 3-5 years

Price: £12.99 / \$16.99

HB / Picture Book Format:

**Published:** September 2021

### About the Author

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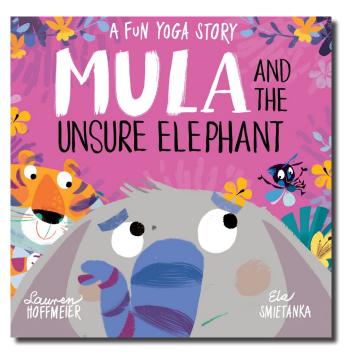




# Mula and the Unsure Elephant: a fun yoga story!

Book three of the Mula and the Fly series by Lauren Hoffmeier





\*cover artwork not final (for illustrative purposes only)

## Give yoga a try with Mula and the Fly!

Mani is a very unsure elephant.

But when she takes some big deep breaths and listens to her heart, Mani realises that she knows exactly who she is - no compliments needed!

## **Key Selling Points**

- Promotes a happy, healthy lifestyle and encourages mindfulness
- Engaging stories that encourage children to relax and unwind
- Written by a children's yoga teacher
- A soft introduction to yoga for all abilities
- A beautifully illustrated picture book with fun characters

### **Key Information**

ISBN: 9781782267614

Age: 3-5 years

Price: £12.99 / \$16.99

HB / Picture Book Format:

**Published:** February 2022

#### About the Author

Lauren Hoffmeier was raised in the heart of New York City with a performance background in opera and musical theatre. She is a certified vinyasa yoga instructor and graduate of Boston University. In this brilliant world of oddballs and misfits, she aims to inspire positivity by encouraging an international mindset of joy and uniqueness.





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